

IMPROVED
UNIFORM INTERNATIONAL
SUNDAY SCHOOL LESSON

By HAROLD L. LUNDQUIST, D. D.
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Lesson for October 17

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JESUS AND THE SABBATH

LESSON TEXT—MATTHEW 23:23-28
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The sabbath was made for man, and not
man for the sabbath—Mark 2:27

The sabbath was essentially a day
of rest and worship; hence the prin-
ciples which surrounded it and di-
rected its life may be applied to our
day of rest, which is the first day of
the week—the Lord's day.

That word "rest" sounds a little
strange in this busy world of ours,
and yet it is an important one. It
is the quiet for the weary, the calm
for the troubled, the repose for the
weary, the tranquility for the dis-
turbed, the cessation of labor and
the word-out one.

Gord in His infinite wisdom saw
that without rest man would soon
destroy himself, and He made pro-
vision for one day of rest and wor-
ship, when all labor should cease and man
should be free for that recreation of soul
and body which should fit him for
the labor of the week.

Our lesson contains two important
questions about our rest day, namely:
1. Why? 2. How?

1. Why? We keep a Day of Rest
(Exod. 20:8-11; Isa. 58:13, 14).
The chief reason is that God com-
manded it. One day out of seven is
for our recreation by rest and wor-
ship. That should be sufficient to
cause His people to "remember" the
day "to keep it holy."

2. How? It is true that essential
work and related activities must be
carried on even on Sunday. God
did not forbid works of necessity.
But even though there is this need,
and yet deny that man may Sunday
work which is not essential—and
countless others devote it to godless
pleasures.

Notice that the day of rest was
to be not only for the family, but
also for servants and for visitors.
The employer who unnecessarily op-
erates his factory on office on Sun-
day violates this commandment.
Note also that the man who is to
rest on the seventh day is supposed
to work on the six days.

Exodus 20:10. Exod. 20:10 is en-
forced by the promise of Isaiah 58.
The man who delights in keeping
God's commandment regarding the
day of rest, will find that God de-
lights in and honors him. Both men
and nations have found this to be
true.

How We Keep a Day of Rest
(Mark 2:23-28).
The formalists of Christ's day,
the Pharisees, had overdone the law
of God's law and the holy living
which it intended to produce, and
had bound up even the observance
of the sabbath (which was in-
tended to be a day of rest and glad-
ness) in such a mass of technical
"thou shalt not's" that it was a day
of fear. They had a false outward
profession of worship and had en-
gaged in a legalism which was
God's law, a fact which drew upon
their heads the anger and rebuke of
our Lord.

The two incidents in this portion
of our lesson reveal that under the
cloak of correctly observing the law
of the sabbath, the Pharisees were
not covering their true inner moti-
vations and their hatred for Christ.
The accusations against the disci-
ples because they had taken and eaten
grain was not on the ground
that they had stolen, but on the ground
(Deut. 23:25) guaranteed that right
to the one who passed through his
neighbor's field. The Pharisees con-
tended, however, that the disciples
had worked on the sabbath in pick-
ing and eating the grain.
The healing of the man with the
withered arm revealed that back of
their professed concern for the sab-
bath was a real hatred for Christ.
It is an appalling thing that in the
house of worship on the very sab-
bath day, these men, outwardly so
religious, were plotting against our
Lord.

"They watched him," and even so
the enemies of the Cross watch us
who are His followers. They are not
concerned that the man who is the
withered arm, or with the withered
arm may be healed, but only that
they may find something to con-
tend against.

Jesus cuts across human hypo-
crisy and hatred to declare that the
true keeping of the sabbath is to do
the work of God. No work of neces-
sity (like healing the withered
arm) is ever out of place on the
sabbath.

A word of caution is needed, for
some have sought to interpret this
Scripture as providing biblical
ground for doing all sorts of things
which are not of God. That is to do
man's good, not for his destruction.
His greatest good is served by rest,
worship, spiritual development,
Christian fellowship, and the doing
of deeds of necessity and mercy.

The destruction of the Lord's day
in our time is a serious matter. Let
us not contribute to its deterioration.
America needs Sunday as a day of
rest and worship.

New Ammunition
For U. S. Soldier
Small, Light but Deadly Type
Used in Sicily.

BRIDGEPORT, CONN.,—Light,
small but deadly ammunition of a
new type, which has been employed
to good effect by United States sol-
diers in Sicily and the Aleutians, is
being produced in several plants by
the Remington Arms company, Inc.,
at the rate of more than 150 million
rounds a month, the company an-
nounced here. The company started
production less than a year ago
when the army ordnance depart-
ment presented preliminary plans
to it.

The ammunition is designed to
meet the requirements of new tac-
tics that have changed from mass
formations to preliminary guerrilla
fighting by paratroops, commandos
and landing parties who depend only
on the ammunition they can carry
until supplies are established. A
soldier's unit pocket will hold 100
or more of the new cartridges.

It is less than half the weight and one-
quarter of the volume of regular
30-caliber ammunition. It has a
deadly accuracy at 300 yards and
a range of 1,000 yards. It is loaded
with a half dozen of more clips
it easily into a pocket.

It is a 30-caliber cartridge, car-
boline, diminutive likeness to the
Springfield rifle, the 308 ammu-
nition lighter is loaded with bullets
by fighters who are remote from
new supplies for long periods.

Miss Jacqueline Rice was a week-
end guest of her grand parents, Mr.
and Mrs. R. E. Blackwell, at
their home in Lynchburg.

Mr. Roland Carson, of North
Carolina is visiting her mother, Mrs.
L. A. Carson.

Mr. and Mrs. James Inge and son,
Ralph were recent guests of J. R.
Hamilton, of Evergreen.

More Agricultural
Fertilizer Available

Plans are being made to increase
the supply of ammonium nitrate for
use as an agricultural fertilizer, ac-
cording to the War Production
Board. (The material has been or-
dered for the production of 100,000
tons of ammonium nitrate, and 20,000
tons of phosphates.)

Among vegetables, the sweet pot-
ato is the favorite, with 100,000
pounds being supplied a month, to
be used for 30,000 pounds of pump-
kins and 40,000 pounds of green corn.
Hens are paid for by the United
Kingdom government and turned
over to the American forces.

Gets Seven Recruits;
Six Are Named Adkins!

CAMP SIBERT, ALA.—A ser-
geant, after lining up seven recruits
—all Indians, asked the name of the
first.

"Private Adkins," said No. 1.
"And yours?"

"Private Adkins."
The sergeant swallowed.

"Next?"

"Private Adkins."
The sergeant paused, glared down
the line, then said: "Well, go on."

Six members of the Adkins tribe
answered. The seventh, however,
broke ranks with the name Holmes.
"Thanks for that one," said the
sergeant.

The Adkins are members of the
Chickasaw tribe, all related.

Wood Cargos War; Army
Drops Cargo Plane Plan

WASHINGTON.—The army's
wood cargo plane program, adopt-
ed to save metal, has been jettisoned
because they had taken and eaten
grain was not on the ground
that they had stolen, but on the ground
(Deut. 23:25) guaranteed that right
to the one who passed through his
neighbor's field. The Pharisees con-
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rest and worship.

Plan to Land Airplanes
On Caterpillar Tracks

AKRON, OHIO.—A caterpillar
landing gear that will enable air-
planes to land on rough ground or
soft or sandy field has been de-
veloped by the Firestone Tire and
Rubber company, officials said.

The new landing equipment will
provide airplanes with the same
type of traction that the endless
tread gives tanks on battlefields.
It will be used by the army, in-
cluding the army.

Pamplin

Pamplin, Oct. 11. Recent guests
in the home of Mr. and Mrs. P. E.
Fitzgerald were P. E. Fitzgerald, Jr.,
P. F. Fitzgerald, Jr., and son, of
Concord; Mr. and Mrs. Albert Beard
and Mr. and Mrs. N. H. Spencer,
and baby, of Buckingham.

Week-end guests in the home of
Mr. and Mrs. Butler were Mrs. E. H.
and daughter, Betty, of Martins-
ville.

Dinner guests in the home of Dr.
and Mrs. C. H. McCall Sunday were
Mr. and Mrs. Robert Neely and
Mrs. E. S. Blackwell.

Mrs. Clyde Rice, of Washington,
was a guest in the home of Mr.
and Mrs. W. E. Brightwell last
week.

Week-end guests in the home of
A. B. Chandler, of the N. S. Navy,
Mr. A. B. Chandler, Mrs. Joseph
Terry, of Appomattox, and Miss
Elizabeth Terry, of Farmville State
College, were in the home of Mr.
and Mrs. E. H. Carson.

A mink recently killed a number
of chickens for Mrs. Maude Ran-
son and Mrs. Sherman Garinghouse.
A. T. Anderson called to see J. H.
Ranson Sunday afternoon.

Winston Ranson spent Sunday
with Joseph Lacy Almond.

Mr. and Mrs. Wiley Dickerson
and children, of Lynchburg spent
Sunday with Mr. and Mrs. Hudson
Dickerson.

Mr. and Mrs. Jim Frank Ranson
and son, W. F. Ranson, and Miss
Annie C. Martin spent Sunday af-
ternoon with Mr. and Mrs. Eddie
Warrior, at Evergreen.

Mr. and Mrs. Toby Inge spent
last Sunday with Mr. and Mrs. S.
C. Ranson.

Mr. and Mrs. Bonar Richardson
and son, of N. S. Navy, spent the
week-end with her mother, Mrs. D.
E. Inge, of Pamplin.

Lantha Carson, of the U. S. Navy
is spending a few days with his
parents, Mr. and Mrs. E. H. Car-
son.

St. Lawrence Stanley, who is home on
a 15-day furlough, is spending this
week in Appomattox.

Pvt. Byron Cole, of Fort Story,
will arrive Sunday to spend several
days at his home here.

Sgt. Lawrence Stanley, who is home on
a 15-day furlough, is spending this
week in Appomattox.

Mrs. Wiley Godsey has four new-
born babies. Her son, C. D. Godsey
is somewhere in the Pacific. The four
newborns are the sons of Mr. and
Mrs. L. M. Guthrie, of Belmont, N. C.
They are: Rosser, oldest son, who
is a fireman on a battleship which
has seen action against the Japs;
the second son, Joe, aviation chief
radio man, U. S. N., who was report-
ed missing in action on September
8th, but on September 9th was re-
ported safe in an official Navy com-
munication, and has been stationed
in Newfoundland and in England,
and has been in the Navy 7 years;
the third son, L. E., Jr., a sea-
man second class; the youngest, A.
C. Guthrie, seaman second class, is
only 17 years old and recently en-
listed.

Mr. and Mrs. T. J. Cawthorne
have recently heard from their son,
Pvt. Thomas J. Cawthorne (Jack).
He writes that he is improving and
wishes to hear from his friends in
Appomattox. Write to him, care of
his parents, Mr. and Mrs. Ernest
Wright.

Although we have the address of
several hundred men in the ser-
vice, we are only permitted to pub-
lish the name of the camp at which
they are stationed. The whereabouts
of R. Q. Lawler, wife of profes-
sor, for publication, being considered
military information.

We suggest that in all cases where
local citizens desire to send mail to
men in the service, they should ad-
dress it to their parents or next of
kin here at home with a request that
it be forwarded.

Russian firmly entrenched along
the Dnieper River.

There is an acute milk shortage
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Jap installations on Wake Island
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